



Neurological Therapy Service

Headway East London provides neurological physiotherapy, occupational therapy, psychological services and complementary therapy for people affected by a brain injury living in London.

Our team of therapists have over 50 years of combined clinical experience working in the NHS, community, voluntary, private and educational sectors.



What do we offer?

- **Specialist multi-disciplinary and medico legal reports**
- **Inter-disciplinary neurological rehabilitation**
- **Uni-disciplinary neurological rehabilitation**
- **Upper limb therapy including Sabeoflex**
- **Individual psychotherapy**
- **Couple and family counselling**
- **Clinical neuropsychology**
- **Health psychology**
- **Neurodisability management**
- **Vocational opportunities**
- **Case co-ordination**
- **Pain management**
- **Group therapies:**
 - **Exercise**
 - **Loss and transition**
 - **Anxiety and anger management**
 - **Memory**
- **Complementary Therapies:**
 - **Craniosacral therapy**
 - **Acupuncture**



"I am very happy with the therapies I've received... and I recommend everybody with a brain injury to come here and receive the same support as the team and staff have been very helpful"- Day Service Member

Why choose us?

All our neurological therapists hold a minimum of ten years' experience working with people affected by brain injury as well as post graduate training. A highly skilled and experienced therapy assistant supports the team.

Our unique inter-disciplinary approach offers neurological therapies alongside community support work, our day service and occupational projects. Therapies can be offered at our centre in East London, at someone's home, or at another venue in the community.

We offer a professional service to individuals, families, case managers, solicitors and statutory organisations. Our therapies are evidenced-based, focusing on an individual's personalised goals.

All our neurological therapists have an in-depth knowledge of the legal compensation process and are able to deliver recommendations made by experts.

BENEFITS TO CASE MANAGERS

- **Our unique inter-disciplinary approach offers therapies alongside community support work, our day service and occupational projects**
- **Our therapists work within a wider staff team, collaboratively supporting personalised goals across multiple services. Team members have a full understanding of each other's roles and skills and can work together in a holistic way, ensuring the various treatments complement each other**
- **Greater cost effectiveness and efficiency is provided by eliminating the need to source and bring together different private therapists and services**
- **Regular inter-disciplinary feedback through an assigned keyworker**



How to refer to our Neurological Therapy Service



We accept referrals from any individual, their family / carer or any professional. If you wish to refer, please complete a Referral Form (downloaded from the Headway East London website) and return to Headway East London.

If you would like further information about Headway East London therapies or other services visit our website (www.headwayeastlondon.org) or contact Nora Brennan on 020 7749 7790 or email therapies@headwayeastlondon.org